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TASK-BASED LANGUAGE TEACHING IN VIETNAM: RESEARCH TRENDS, FINDINGS, AND IMPLICATIONS

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Abstract:

It is widely assumed that task-based language teaching (TBLT) has been effectively applied in EFL contexts. In Vietnam, abundant research has been implemented to examine its effects on English proficiency as well as to identify perceptions and attitudes of both teachers and learners towards using this approach in classroom contexts. This paper aims to synthesize trends in research on task-based language teaching in the context by reviewing results extracted from a corpus of 60 studies. Key aspects like effects, challenges, teacher/learner perceptions and attitudes were selected for analysis and synthesis. The results revealed that the research tended to focus more on production skills than receptive skills, and that the implementation of TBLT was reported to cause challenges for teachers, while learners tended to hold positive attitudes toward the approach. Based on the research findings, some lessons were drawn for pedagogy and future research. For successful TBLT implementation, it is suggested that teachers are informed of the effects, engaged in reflections and that exams should be shifted towards communicative competence assessment. Future research could increase sample size and treatment duration, and especially address the challenges teachers, as the main agent, encounter in implementation.

Keywords: EFL, task-based language teaching, trends, Vietnam, lessons

1. Introduction

Proficiency in English as a foreign language (EFL) is of paramount importance to globalization and integration; therefore, enhancing learners' English proficiency is essential in English language teaching (e.g., Hien & Loan, 2018; Moskovsky et al., 2013; Purnama et al., 2019). To this end, foreign language teaching trends have shifted towards a communicative approach with the hope to foster learners' communicative competence.

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Task-based language teaching (TBLT) has in recent decades influenced research and teaching practice in many EFL contexts since it is assumed to create facilitative conditions for learners' exposure to natural language use and competence development (Ellis, 2006; Hashemi et al., 2012; Harris & Leeming, 2022; Long, 2015; Nget et al., 2020; Nguyen & Jaspeart, 2021; Phuong et al., 2015; Willis, 1996).

In Vietnam, because of different influential factors (i.e., contexts, learners' proficiency, institutional influences), traditional approaches (i.e., grammar translation, PPP) have long been prevalent despite the call for English teaching innovation towards communicative language teaching since the 1990s. This means that learners' opportunities for language use and development of English proficiency become restricted in the classroom (Nguyen, 2011; Nguyen et al., 2014; Trinh, 2005). In 2006, the MoET (2006) issued a new general education curriculum that officially initiated innovation. In 2008, following Ministerial Decision No. 1400/QĐ-TTg, the MoET (2008, 2018) commissioned a national project that aims to enhance English education. The most crucial mission is to enhance teachers' English proficiency and pedagogical skills to encourage them to shift towards a communicative-oriented approach. In that context, teachers have upgraded their professionalism by attending formal training workshops or following higher-degree education (i.e., M.A., Ph.D.) with the hope to make contributions to innovation, which according to Whitworth and Chiu (2015) may facilitate their learners' improvement. Research on TBLT has become an area of interest for many scholars (e.g., Nguyen & Tran, 2017; Nguyen & Jaspaert, 2021; Phuong et al., 2015; Trinh, 2005).

Despite abundant research on TBLT up to date that reports both benefits and challenges, no attempt has been made to synthesize the research in the context. This paper thus aims to fill this gap. The study focuses on the review of previous studies on TBLT effects on English learning achievement as well as factors affecting the implementation of this approach from the perspectives of teachers and learners. The following questions are examined.

- 1) What are the trends in research on TBLT in Viet Nam?
- 2) What are the findings of TBLT research and their implications?

2. Literature Review

Language acquisition depends on a prominent language environment in which one is able to fruitfully gain exposure to the target language by means of natural talks (Loewen & Sato, 2017). Ahmadian and Mayo (2017, p.1) regard task-based instruction as "*a thriving area of investigation in the field of SLA*", which is also consistent with Long's (2015, p.8) idea that "*TBLT invokes a symbiotic combination of implicit and explicit learning that theory and research findings in several fields, including SLA, are available to students of all ages*". Learners in TBLT lessons are given chances to be engaged in natural language use by completing different task types such as listing, comparing, and experience sharing, and ordering, sorting, and problem-solving (Bui, 2019; Nguyen & Jaspaert, 2021; Willis, 1996). In the task-based approach, tasks and task sequence are the main tenets of language learning and teaching (see Ellis, 2006; Skehan, 1996). Noticeably in this approach, learners are not directed to do a wide range of form-focused exercises but they will carry out meaningful tasks to "gain fluency at the expense of accuracy" (Willis, 1996, p.10). Ellis (2009, p.223) suggests tasks should adhere to following characteristics:

- 1) The primary focus should be on 'meaning' (i.e., learners should be mainly concerned with processing the semantic and pragmatic meaning of utterances).
- 2) There should be some kind of 'gap' (i.e., a need to convey information, to express an opinion or to infer meaning).
- 3) Learners should largely have to muster their own resources (linguistic and nonlinguistic) in order to complete the activity.
- 4) There is a clearly defined outcome other than the use of language (i.e., the language serves as the means for achieving the outcome, not as an end in its own right).

Richards and Rodgers (2014, pp.188-189) summarize TBLT principles as follows.

- 1) Language is a means for meaning-making and achieving real-world goals.
- 2) Language use involves integrated skills and spoken interaction.
- 3) Language learning is internally guided by learners, not external factors.
- 4) A focus on form facilitates language learning.
- 5) Meaning negotiation provides learners with comprehensible input and modified output.
- 6) Tasks provide opportunities for learners to 'notice the gap'.
- 7) Interaction and communication through tasks provide opportunities for scaffolded learning.
- 8) Learning difficulty can be negotiated and fine-tuned for particular pedagogical purposes.

Different perspectives regarding TBLT have been proposed. A cognitive approach to task-based implementation controls conditions and features of tasks to impact language performance was proposed by Skehan (1996). Another approach focuses on task-based interaction and a focus on form (see Long, 2015). Despite the flexible nature of the task-based approach which can transcend contexts, Willis (1996) proposed a framework that facilitates classroom practice and is thus dominantly researched in many recent studies (e.g., Ahmed, 2018; Fang et al., 2021; Harris & Leeming, 2022; Nget et al., 2020; Nguyen & Jaspaert, 2021).

Table 1: Framework for TBLT (Willis, 1996)

Pre-task					
Introduction to the topic and task					
Task Cycle					
Task Planning					
Drafting and rehearsal					
Assistance with language					
• Report					
Language focus					

- Analysis
- Practice

Three basic conditions for language learning available in a TBLT lesson include exposure to language use, opportunities for language and motivation (Willis, 1996, p.10). Willis explains that while the pre-task phase is just aimed at drawing learners' attention to the topic and task by activating topic-related language, the task cycle and post-task phases tend to focus on learners' engagement in language use and enhancement. In particular, regarding the task cycle, learners are encouraged to freely make the best use of their own language resources to complete tasks, and subsequently, feedback is delivered to help them refine their language at different points. In the post-task stage, however, she argues that learners gravitate towards the meaning-focused stage in which they will work on specific forms that bear meaning.

3. Methods

Both quantitative and qualitative studies including journal articles and theses were randomly selected from international databases and the internal databases of various universities and colleges in the South and North of Vietnam. The studies were conducted in different contexts both K-12 and tertiary education. A review process was implemented to select 60 studies using a set of criteria for sample inclusion with reference to Uman (2011) and Robinson & Lowe (2015) as follows:

- Accepted M.A. and Ph.D. theses made available by universities, published articles in peer/blind review journals or conferences;
- Varying time range for studies to ensure overgeneralized analysis;
- Studies containing qualitative, quantitative, or mixed data;
- Reliability and validity described for research design, data collection and analysis.

Regions	South	North		
Regions	(n= 44)	(n=16)		
Research design	Quantitative research	Qualitative research		
Research design	(n=39)	(n=21)		
Comboute of stadios	K-12	University/ college		
Contexts of studies	(n=38)	(n=22)		
Chadian	Theses	Published articles		
Studies	(n=27)	(n=33)		

Table 2: Characteristics of reported research	l
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4. Results



4.1. Trends in research on TBLT

Figure 1: Trends in research on task-based language teaching (TBLT)

The chart shows that more TBLT research targeted learners (65%) than teachers (35%). Besides, studies involving learners tended to be both quantitative for the effect and qualitative for learners' attitudes, while research regarding teachers was mainly qualitative. The last item presented in *Figure 1* is about perceptions of teachers accounting for 21 cases only. With respect to education levels, 63% of studies involved participants from K-12 education, approximately twice as high as the number from tertiary education (37%).

Regarding the effects of task-based instruction on English language skills, research tended to focus on production skills including speaking and writing. In particular, studies on speaking accounted for the largest percentage (43%) followed by those related to writing skill, 25%. By contrast, research on receptive skills such as reading and listening constituted 13% and 5% respectively. Noticeably, research on listening represented the least proportion. This figure was even lower than the percentage for grammar (8%) in this review of 60 studies. Likewise, studies about the effects of the task-based approach on vocabulary still remained modest, at 10%.

4.2. Findings of TBLT research in Vietnam 4.2.1 Effects of TBLT

Table 3: Experimental studies about task-based language te	eaching
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Ν	Effects (%)		
	Improved production skills:		
	70% (27 cases)		
	Improved receptive skills:		
39	18% (7 cases)		
39	Improved vocabulary:		
	10% (4 cases)		
	Improved grammar:		
	8% (3 cases)		
Note: some experimental studies were conducted on two skills, N refers the numbers of experimental			
studi	es		

39 experimental studies were examined. Generally, the effects of TBLT on language skills were varied because of different facets i.e., target participants, education levels, target skills, samples, and duration of treatment. All the reported studies, however, have confirmed positive effects on English language learning in terms of improving both receptive and productive skills, grammar and vocabulary.

4.2.2. Attitudes towards TBLT

Ν	Attitudes					
	• Teachers:					
	14 positive cases, 66%					
	• Learners:					
nT = 21;	25 positive cases, 64%					
nL = 39	• Teachers:					
	1 negative case, 5%					
	• Learners:					
	2 negative cases, 5%					
Note: nT = the number of teachers; nL = the number of learners						

Irrespective of target participants, both EFL learners and teachers showed positive attitudes towards the implementation of this approach in the classroom, which accounted for over the average proportions, 64% and 66% respectively. However, there are a few negative cases involving both learners and teachers (5% each) in which the participants reported a refusal to implement this approach in their context since they found it more challenging to adapt to the new approach.

4.2.3. Challenges

The results of challenges to TBLT were extracted from two strands of studies namely research on teachers' perceptions and learners' reports as part of explored attitudes embedded in experimental studies.

Table 5: Challenges reported by teachers an	d learners
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	Learners' problems: 32%					
	Low-proficiency/ mixed levels of proficiency:					
	17% (10 cases)					
	• Familiarity with traditional teaching approaches (lack of motivation for TBLT class): 15% (9 cases)					
	Teachers' problems: 41%					
	Lack of TBLT training: 17% (10 cases)					
	 Low English proficiency: 12% (7 cases) 					
n=60	 Teachers' familiarity with traditional teaching methods: 12% (7 cases) 					
	Institutional problems: 68%					
	• A mismatch between the institution's form-focused goals and the TBLT's meaning-focused					
	goals:					
	23% (14 cases)					
	Limited time for a TBLT lesson/ time pressure:					
	22% (13 cases)					
	Large-sized classroom:					
	18% (11 cases)					
	Textbook-driven policies:					
	5% (3 cases)					
Note:	n refers to the number of reported articles (cases)					

Table 5 shows that the challenges are in general categorized into three groups related to learners, teachers, and institutions. Problems caused by institutional groups peaked at 68%, followed by teachers' problems, 41% and learners' problems, 32%. Four dominant problems from the institutional group were reported as a mismatch between the institution's form-focused goals and the TBLT's meaning-focused goals, limited time for a TBLT lesson, large class sizes, and textbook-driven policies (23%, 22%, 18%, and 5 % respectively). Next, learners' familiarity with traditional teaching methods (15%) and low-proficiency/mixed levels of proficiency (17%) were two highlighted problems of the learners, which resulted in their unwillingness to be engaged in communicative tasks. Lastly, the most important problem from the teacher group was their lack of training on the task-based language teaching approach (17%), followed by their low English proficiency and familiarity with traditional teaching methods (12% each). The results imply that TBLT experimentation was governed by a set of unexpected problems, especially those brought by the institutions; therefore, conclusions in the reported studies about the effects of task-based language teaching were, to some extent, biased.

4.2.4. Limitations

	Table 6: Limitations reported by researchers						
Ν	Li	Limitations					
	٠	Small sample (quantitative data):					
		32% (19 cases)					
	٠	Small sample (qualitative data):					
		12% (7 cases)					
	٠	Time pressure/limited time for treatment:					
n=60		28% (17 cases)					
	•	Lack of instruments:					
		5% (3 cases)					
	٠	Lack of a control group:					
		3% (2 cases)					

Table 6: Limitations reported by researchers

Despite the fact that the majority of reported cases about the positive effects of TBLT on language skills, methodological limitations were unavoidable. First, the biased findings can be mostly attributed to the *small sample* which was reported in both 7 qualitative studies (12%) and even 19 quantitative studies (32%). The second factor as *limited time for extensive treatment* also mattered the effective duration for treatment of 17 experimental studies (28%). The two last factors namely *lack of instruments* and *lack of the control group* just occupied low proportions of 5 % and 3 % respectively.

5. Discussion

Thanks to an analysis of 60 studies with evidence from qualitative and quantitative data, we can come to a general conclusion that the research results have contributed to confirming the effectiveness of task-based instruction on language proficiency. Researchers and scholars in Vietnam have a tendency of conducting more TBLT studies on production skills than receptive skills. Remarkably, TBLT research on the listening skill was given the least attention. On the one hand, this may reflect researchers' interests; on the other hand, it may be because the enhancement of learners' production skills (i.e., speaking, writing) was considered problematic in the public context where English is taught to serve the prime purpose of high-stake exams expected by the institution. Moreover, those production skills are by nature in need of much time for acquisition as well as bring more problems to EFL learners than receptive skills. However, people might also encounter communications in the form of speaking rather than others (i.e., writing, reading, and listening). Therefore, various studies are more likely to attend to a more optimal treatment for the speaking skill improvement. Receptive skills, however, still play a vital role in learners' increased language proficiency in general.

Despite the dominance of research on task-based instruction on EFL learners' language performance with positive results, numerous problems were still recorded. As noted by Duong and Nguyen (2021), several intractable difficulties hinder teachers and learners from conducting this approach due to both objective and subjective reasons.

Briefly, problems caused by institutions made up high proportions in comparison with the others caused by learners and teachers. It is noted that the aforesaid institutional problems were mainly confronted by participants from general English programs (K-12 and non-English majors) because they wanted to be trained for exams rather for communicative competence. By contrast, the majority of participants from the Englishmajor group took English seriously; therefore, they were more likely to hold positive attitudes towards TBLT since the approach may be aligned with their goal for developing communicative competence and academic performance. Teachers in charge of this group are free from a heavy burden of expectations in terms of learners' academic scores from their institutions. As a result, they have more confidence in conducting the task-based approach to gain better learning outcomes for their students. As found by Nguyen and Tran (2017, p.57), although the Vietnamese EFL teachers in their study received careful training about TBLT before the treatment, they still encountered failures in conducting this approach because of their familiarity with and belief in the traditional practices in contrast to the meaning-focused, learner-centered and holistic task-based approach. This is also in congruence with the observation that memorization of linguistic rules and forms or translations are mainly recognized in English lessons (Chau, 2014; Nguyen et al., 2014; Nguyen & Tran, 2017; Phuong et al., 2015; Trinh, 2005). The above-mentioned problems preventing teachers and learners from the successful implementation of TBLT are, to large extent, in line with what Hasnain and Halder (2021) found in their systematic review with a focus on EFL teachers' perceptions from various contexts (e.g., China, Taiwan, Iran, Korea, Indonesia, Canada, and Macedonia).

It is worth mentioning that based on the qualitative data extracted from interviews, observations, and field-notes, a systematic review of the reported studies indicates that numerous participants including teachers and learners showed positive attitudes towards the use of TBLT in their classes. In particular, an analysis of twenty-one qualitative studies on teachers' beliefs or perceptions about conducting the TBLT in the classroom reveals that the problems might encourage the teachers to make outstanding changes to future teaching practices. In this regard, teacher beliefs are believed to mediate their innovation in action (Bryan, 2012; Nguyen et al., 2019; Nguyen, 2020).

6. Implications and Conclusion

Several possible lessons are acknowledged for pedagogical practices, and future research. First and foremost, this study shows that the literature on TBLT in Vietnam informs teachers of the positive effect on learners' learning. Although the studies are limited in sample size as well as design (in some cases), teachers should be informed of this and encouraged to use the approach as an alternative in conjunction with their usual practice. Second, for the successful implementation of communicative language teaching including TBLT, the crucial force could be a shift towards communicative competence assessment in tests and exams. Most importantly, teachers should be involved in observations, demos, reflections and in-depth discussions with other experienced teachers to gain more insights into this approach. This will probably make them more

flexible for task design, task procedures and classroom management that facilitate their implementation. Besides, future research should increase the treatment time and sample size. It could also take into account of institutional hindrances for a better-suited treatment. Finally, future studies on TBLT implementation should pay closer attention to addressing the challenges that teachers encounter in implementing the approach such as limited lesson time, large class sizes, and low-proficiency learners. In other words, a more practical task-based model that takes account of these problems should be investigated.

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Appendix: Effects of TBLT on EFL learners' language performance and teachers and learners' perceptions/attitudes towards this approach

	Participants	Effects of TBLT	Teachers' perceptions	Challenges reported by teachers and learners	Research limitations	Attitudes to TBLT	
						Teacher	Learner
Thesis 1. Cao (2007)	Non-English- majored students	Partially improved writing performance in terms of text content, syntactic ability, and the capacity of using writing mechanics		Teachers' lack of TBLT training	Small sample		Positive
Thesis 2. Nguyen (2008)	High school Teachers		A high level of understanding of TBLT	 Teachers' lack of TBLT training Teachers' low English proficiency Difficulties in assessing learners' task-based performance Limited time for a TBLT lesson Learners' unwillingness to attend TBLT class. 		Positive	
Thesis 3. Le (2008)	High school students	Improved accuracy in English grammar use			- Small sample - Inadequate time for extensive treatment		
Thesis 4. Le (2008)	Non-English- majored students	Increased vocabulary acquisition and learner motivation			- Small sample - Lack of qualitative data to measure learners' motivation		Positive Collaborative learning is valuable
Thesis 5. Danh (2009)	High school students	Improved syntax, morphology, phonology		Students' poor background knowledge	- Small sample - Inadequate time for extensive treatment		
Thesis 6. Dong (2010)	Non-English- majored students	Increased speaking fluency			- Small sample		Positive

Thesis	High school	Improved writing			 Inadequate time for extensive treatment Small sample 		
7. Vu (2010)	students	performance (text content, syntactic ability, capacity of using writing mechanics)			- Inadequate time for extensive treatment		
Thesis 8. Thai (2010)	Secondary teachers		Low awareness of task-based language teaching	 Teachers' familiarity with traditional teaching methods A mismatch between the institution's form- focused goals and the TBLT's meaning-focused goals Limited time for a TBLT lesson Teachers' lack of TBLT training 	Small sample	Negative	
Thesis 9. Nham (2012)	Young learners	Increased listening and speaking proficiency			- Small sample - Inadequate time for extensive treatment		Positive
Thesis 10. Trinh (2012)	High school students	Improved speaking performance			Inadequate time for extensive treatment		Positive
Thesis 11. Luong (2012)	English- majored students	Improved speaking					Positive
12. Le & Nguyen (2012)	Non-English majored students	Improved vocabulary achievement					Positive Increased motivation
Thesis 13. Le (2014)	High school teachers			- Teachers' lack of TBLT training		Positive	

14. Ho & Long (2014)	English- majored students	Improved speaking	 Teachers' low English proficiency Difficulties in assessing learners' task-based performance Limited time for a TBLT lesson Large-sized class. Students' poor background knowledge 	- Small sample - Inadequate time for extensive treatment	Positive
15. Van Le (2014)	University Teachers		 A mismatch between the institution's form- focused goals and the TBLT's meaning-focused goals Tasks processed differently in textbooks and TBLT frameworks Limited time for a TBLT lesson; students' mixed levels of proficiency Teachers' lack of TBLT training Large-sized class 		
16.Nguyen G. V. (2014)	High school teachers		 Teachers' lack of TBLT training Teachers' familiarity with traditional teaching methods A mismatch between school-based curriculum and the teachers' beliefs 		

Thesis	Non-English-	Increased speaking fluency		Cultural, linguistic and	- Inadequate time	
17. Pham,	majored			psychological difficulties	for extensive	
D. Q.	students			in speaking English; task	treatment	
(2015)				design	- Small sample	
Thesis	Teacher		Teachers'	- Teachers' lack of TBLT		
18. Hoang			misunderstanding of	training		
(2015)			TBLT principles	- Teachers' familiarity		
North			1 1	with traditional teaching		
				methods		
				- A mismatch between		
				the institution's form-		
				focused goals and the		
				TBLT's meaning-focused		
				goals		
Thesis	Non-English-	Slightly improved speaking		- Students' different		
19. Bui	majored			backgrounds (i.e.,		
(2015)	students			learning styles,		
North	students			personalities)		
North				- Learners' unwillingness		
				to attend TBLT class.		
20. Phuong	English-	Improved EFL learners'		Learners' familiarity		
et al. (2015)	majored	writing performance (lexical		with teacher-centered		
et al. (2013)	students	diversity) and self-regulation		classroom		Positive
	students	diversity) and sen-regulation		classiooni		1 OSITIVE
Thesis	Students	Improved English grammar		- Students' low English		
21. Le	Students	Intproved English graninal		proficiency		
(2016)				- A mismatch between		
North				the institution's form-		Positive
north						rositive
				focused goals and the		
				TBLT's meaning-focused		
22	Non			goals		
22.	Non-					TBLT is useful
Nguyen	English-					for motivation
(2017)	majored					
North	students			l		

23. Lap &	High school	Improved reading skills		Limited time for a TBLT			Positive
Trang	students	improved redding skins		lesson			TBLT helped
(2017)	students			1035011			improved
(2017)							learners'
							motivation
24.Nguyen	University			- Teachers' familiarity			motivation
	teachers			5			
& Nguyen.	teachers			with traditional teaching methods			
(2017)							
				- A mismatch between			
				the institution's form-		D '''	
				focused goals and the		Positive	Negative
				TBLT's meaning-focused			
				goals			
				- Large-sized class			
				- Learners' unwillingness			
				to attend TBLT class.	* * • • •		
25.Nguyen	Non-English-	Improved writing skills			- Inadequate time		
& Luu	majored				for extensive		Motivation is
(2018)	students				treatment		important
					- Small sample		
26. Pham &	University		A high level of	- Students' unfamiliarity			
Nguyen	teachers		understanding of	with doing tasks			
(2018)			TBLT	- Limited time for a TBLT		Positive	
				lesson			
				- Teachers' low English			
				proficiency			
27.Nguyen	University		A high level of	A mismatch between the	Small sample		
et al. (2018)	teachers		understanding of	institution's form-			
			TBLT	focused goals and the		Positive	
				TBLT's meaning-focused			
				goals			
Thesis	High school	Improved speaking		Learners' familiarity			
28. Vo	students			with teacher-centered			Positive
(2020)				classroom			
Thesis	Primary				Small sample	Positive	
	teachers					1 OSITIVE	

29. Bui							
(2019) Thesis 30.Nguyen (2020)	Teacher			 Teachers' lack of TBLT training Teachers' familiarity with traditional teaching methods A mismatch between the institution's form- focused goals and the TBLT's meaning-focused goals Inadequate support of material sources, heavy 		Positive	
31. Phuong (2016)	A university teacher		An immediate level of understanding of TBLT	 Large-sized class Limited time because of The teacher's lack of TBLT training The teacher's lack of experience in giving feedback 		Positive	
Thesis 32. Do (2021)	English- majored students	Improved speaking fluency			 Lack of one comparison group, delayed posttests Lack of different test purposes to help triangle results Small sample 		
Thesis 33. Tran (2021)	Non-English- majored students	- Improved speaking (pronunciation fluency, grammar, vocabulary)			- Small sample - Inadequate time for extensive treatment		Positive

34. Nguyen & Jaspaert (2021)	English- majored students	- Improved learners' proficiency (speaking, listening, writing, and reading)		Learners' familiarity with teacher-centered classroom	- Inadequate time for extensive treatment		
35. Lam et al. (2021)	University teachers		A high level of understanding of TBLT	 Students' uneven proficiency I classroom management Teachers' social background Teachers' lack of TBLT training Large-sized class 		Positive	
36.Nguyen (2021)	Secondary school students	Improved speaking					Positive
37. Xuyen & Trang (2021)	Non-English- majored students	Improved speaking			- Small sample; - Inadequate time for extensive treatment		Positive
Thesis 38. La (2021)	Non-English- majored students	Improved writing and reading skills		Students'poor background knowledge	- Small sample; - Inadequate time for extensive treatment		Positive
39. Duong & Nguyen (2021)	Secondary teachers		Understanding of TBLT	 Limited time for a TBLT lesson A mismatch between the institution's form- focused goals and the TBLT's meaning-focused goals Large-sized class; learners' mixed levels of English proficiency Difficulties in assessing learners' task-based performance 		Positive	

				- Teachers' low English			
				proficiency			
40. Tran	Secondary	Improved reading			- Small sample		
(2022)	school	performance			- Lack of		
	students				qualitative data		
41. Pham &	Non-English-	Improved grammatical		- Students' low English	- Lack of		
Do (2022)	majored	performance in speaking and		proficiency	qualitative data		
	students	writing		- Tasks processed	- Small sample		
				differently in textbooks	- Lack of a control		
				and TBLT frameworks	group		
42. Dinh	Non-English-	Improved vocabulary			Small sample		
(2022)	majored						
	students						
43. Dinh &	High school	Improved performance on		- Limited time for a TBLT			Positive
Hoang	students	vocabulary		lesson			but negative for
(2022)				- Lack of teaching aids			some low-
				- Students' mixed levels			achieving
				of English proficiency			learners
44. Duong	Non-English-	Improved reading			Lack of one control		D 111
& Le (2022)	majored				group		Positive
(=)]	students						
45.Nguyen	English-	Improved paragraph writing			Lack of interviews		D 111
(2022)	majored						Positive
North	students						
46.Nguyen	Secondary		A high level of	- A mismatch between	Lack of interviews		
et al. (2023)	Teachers		understanding of	the institution's form-	and classroom		
			TBLT	focused goals and the	observations		
				TBLT's meaning-focused		Positive	
				goals - Limited time for a TBLT			
				lesson			
47. Dao	Linimonoitu			- Large-sized class - Teachers' low	Small commle		
47. Dao (2016)	University Teachers			- reachers low proficiency;	- Small sample - Lack of		
(2016) North	reachers			- A mismatch between	- Lack of interviews	Positive	
NOTUI				the institution's form-	interviews		
				the institution's form-			

		-		•			
				focused goals and the			
				TBLT's meaning-focused			
				goals			
				- Large-sized class			
48. Dao	A college			- A mismatch between	Small sample		
(2017)	teacher			the institution's form-	_		
North				focused goals and the			
				TBLT's meaning-focused			
				goals			
				- Students' low English			
				proficiency			
				- Group work culture			
49. Barnard	High school			- Students' low English		— 1 (
& Nguyen	teachers			proficiency		Teachers'	
(2010)				- Teachers' familiarity		motivation is	
North				with traditional teaching		important for	
				methods		learners	
50. Huong	University		An intermediate level	- Large-sized class 🛛			
et al. (2021	teachers		understanding of	difficult to manage			
North			TBLT	classroom (group work)			
				- Limited time for a TBLT			
				lesson		Positive	
				- Students' uneven			
				proficiency level			
				- Teachers' low English			
				proficiency			
51. Le	High school	Improved speaking		Some students' low	Inadequate time		
(2018)	students	performance		awareness of the	for extensive		Positive
North				importance of TBLT	treatment		
52. Dao	Non-English	Improved reading			- Lack of interview		
(2016)	majored				- Inadequate time		Positive
North	students				for extensive		Fositive
					treatment		
53.Nguyen	High school		- A low level of	- A mismatch between			
(2018)	teachers		understanding of	the institution's form-			
Thesis			TBLT	focused goals and the			

						1
			- Teachers believed	TBLT's meaning-focused		
			vocabulary is not	goals		
			related to TBLT	- Teachers' low English		
				proficiency		
				- Limited time for a TBLT		
				lesson		
				- Large-sized class		
				- The textbook with less		
				meaningful task-based		
				activities for vocabulary		
				teaching		
				- Teachers' lack of TBLT		
				training		
				- Students' familiarity		
				with learners-		
				centeredness 🛛 lack of		
				motivation and		
				engagement in tasks		
54. Hoang	Non-English-	Improved speaking skill		- Students' low		
(2022)	majored			motivation and passive		
North	students			learning styles towards		
				speaking skills		Positive
				- Teachers' familiarity		
				with traditional teaching		
				methods		
Thesis	Non-English-	Improved speaking		- Students' low English	- Inadequate time	
55.Nguyen	majored			proficiency 🛛 their	for extensive	
(2013)	students			unwillingness to do tasks	treatment	
North				- Students' shyness to	- The results were	
				work in groups and	biased due to other	Positive
				stand in front of the class	factors apart from	1 OSITIVE
				to perform speaking	TBLT	
				activities		
				- Teachers' low English		
				proficiency		

			r				
Thesis	Secondary-		An immediate level of	- A mismatch between			
56.Nguyen	upper		understanding of	the institution's form-			
(2011)	teachers		TBLT	focused goals and the			
North				TBLT's meaning-focused			
				goals			
				- Limited time for a TBLT			
				lesson		Positive	
				- Large-sized class		robuve	
				- Students' lack of			
				motivation towards			
				learning English			
				- Students' low English			
				proficiency 🛛 their			
				unwillingness to do tasks			
Thesis	Non-English-	Improved vocabulary (slight)			- Small sample		
57.Nguyen	majored				- Inadequate time		
(2013)	students				for extensive		
North					treatment		
Thesis	Secondary		A fair level of				
58.Nguyen	teachers		understanding				
V. M.							
(2017) North							
59. Pham	Non-English	Improved writing fluency					
et al. (2021)	majored	and accuracy					
et al. (2021)	students						
60. Pham	High school	Improved writing			Small sample		
et al. (2021)	students	miproved writing			Sman sample		
et al. (2021)	siduents						

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