



## VISUAL AND AUDITORY REACTION TIME OF MENTALLY RETARDED SUBJECTS: EFFECT OF GENDER

Maan Hasan Mahmood<sup>i</sup>,

İbrahim Bozkurt,

Mardin Tahseen Abdulrahman

Selçuk University, Health Science Institute,

Konya, Turkey

### Abstract:

The aim of the present study was investigate to effect of gender on visual and auditory reaction time of mentally retarded individuals. For this purpose, seventy four subjects (male=40, female=34) participated in the study. Subjects have different mental disability level (mild=29, moderate=28, severe=17). All of the measurements performed at the same time of day (14:00-19:00). Computerized reaction time tests were applied for visual reaction time (VRT) and auditory reaction time (ART) measurements. The website [www.humanbenchmark.com](http://www.humanbenchmark.com) has been used to determine the visual reaction time. The website [www.cognitivefun.net](http://www.cognitivefun.net) has been used for the measurement of auditory reaction time. In both tests, the reaction time was measured 5 times and the average was recorded in milliseconds. Mann-Whitney U test were performed in the analysis of the data. Auditory and visual reaction time parameters show significant difference between male and female ( $p<0.05$ ). Auditory and visual reaction time parameters showed significant difference between male and female within all disability levels ( $p<0.05$ ). In conclusion, it can be said that reaction time shows difference between genders in mentally retarded persons like normal. Female disable persons perform slower reaction than male persons. The gender factor affect reaction sourced cerebrum, while they have mental retardation.

**Keywords:** reaction, gender, mental, disability

### 1. Introduction

Reaction time is important factor for adaptation on daily life of mentally retarded individual. It can be an advantage or disadvantage. Mental retardation can affect reaction time like other motor abilities. Initial signaling of reaction time occurs from cerebrum. Mental retardation has cerebral source as known as. As a result of a

---

<sup>i</sup> Correspondence: email [ma3an.hassan@gmail.com](mailto:ma3an.hassan@gmail.com)

retardation, reaction time can be affected from the retardation (Baumeister and Kellas, 1968).

Mental retardation can be a source of cerebral lags. This lagging occurs attentional defiance. Also, this lagging shows skipping of signal transmissions into neuron to neuron (Inui et al., 1995). There is a lot of evidence for mental retardation and reaction time features (Davis et al., 1991; Berkson, 1960; Clausen, 1966; Hermelin, 1964; Hermelin and Venables, 1964; Astrup et al., 1967; Clausen, 1968; Anwar 1981; Johnson and Olley, 1971). But effect of gender did not showed yet.

The aim of the present study is putting forth the influence of gender on reaction time feature of mentally retarded subjects. It can be hypothesized that gender could affect to reaction time of mentally retarded individuals like normal.

## 2. Method

Seventy four mentally retarded individual (male=40, female=34) who educated at rehabilitation centers participated in the study with permission from their families (Table 1). Subjects have different mental disability level (mild=29, moderate=28, severe=17). All of the measurements performed at the same time of day (14:00-19:00).

**Table 1:** Descriptive parameters

		N	Min.	Max.	Mean	Std. Dev.
<b>Male</b>	Age (years)	40	6.00	18.00	10.13	3.54
	Auditory reaction time (msec)		301.70	3881.00	848.77	753.75
	Visual reaction time (msec)		362.00	8899.00	1237.18	1391.90
<b>Female</b>	Age (years)	34	6.00	28.00	12.12	5.80
	Auditory reaction time (msec)		288.00	4027.00	940.09	804.17
	Visual reaction time (msec)		397.00	4170.00	1466.00	995.59

Computerized reaction time tests were applied for visual reaction time (VRT) and auditory reaction time (ART) measurements. The website [www.humanbenchmark.com](http://www.humanbenchmark.com) has been used to determine the visual reaction time. The website [www.cognitivefun.net](http://www.cognitivefun.net) has been used for the measurement of auditory reaction time. In both tests, the reaction time was measured 5 times and the average was recorded in milliseconds (Kaplan et al. 2017).

SPSS 22.0 program was used for statistical analysis of the data obtained at the end of the study. After the normality test Mann-Whitney U test were performed in the analysis of the data. The data were presented as mean, standard deviation, minimum, maximum and evaluated at a significance level of 0.05.

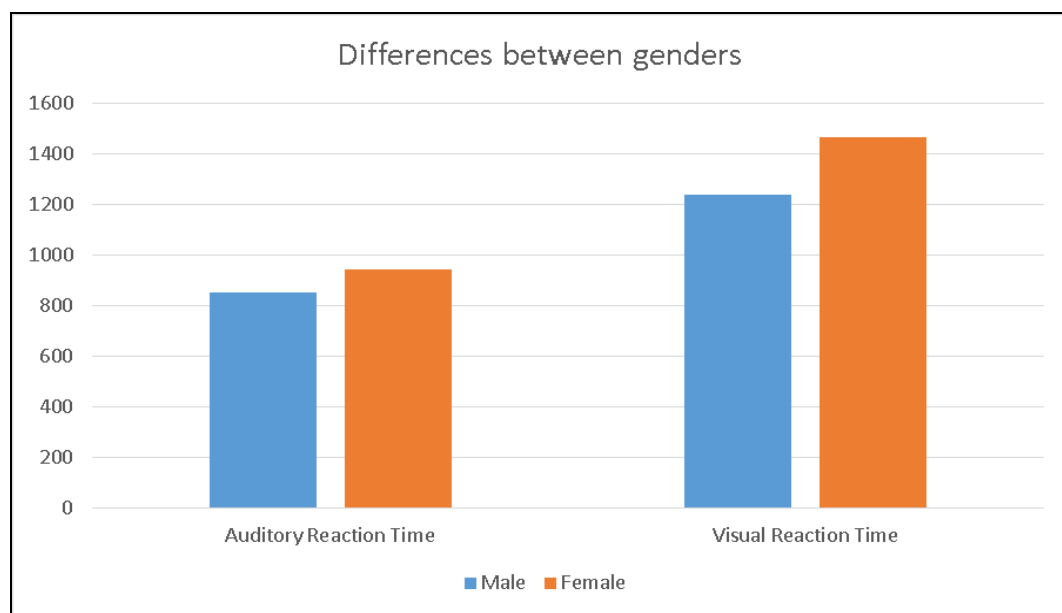
## 3. Results

Table 2 shows reaction time difference between genders. Auditory and visual reaction time parameters show significant difference between male and female ( $p < 0.05$ ). Male mentally retarded person have  $848.77 \pm 753.75$  msec auditory reaction time, while female

persons have  $940.09 \pm 804.17$  msec. Besides, male mentally retarded person have  $1237.18 \pm 1391.90$  msec visual reaction time, while female persons have  $1466.00 \pm 995.59$  msec (Figure 1).

**Table 2:** Reaction time difference analysis between genders

		Mean	Std. Dev.	p
Auditory reaction time (msec)	Male	848.77	753.75	0.039
	Female	940.09	804.17	
Visual reaction time (msec)	Male	1237.18	1391.90	0.043
	Female	1466.00	995.59	

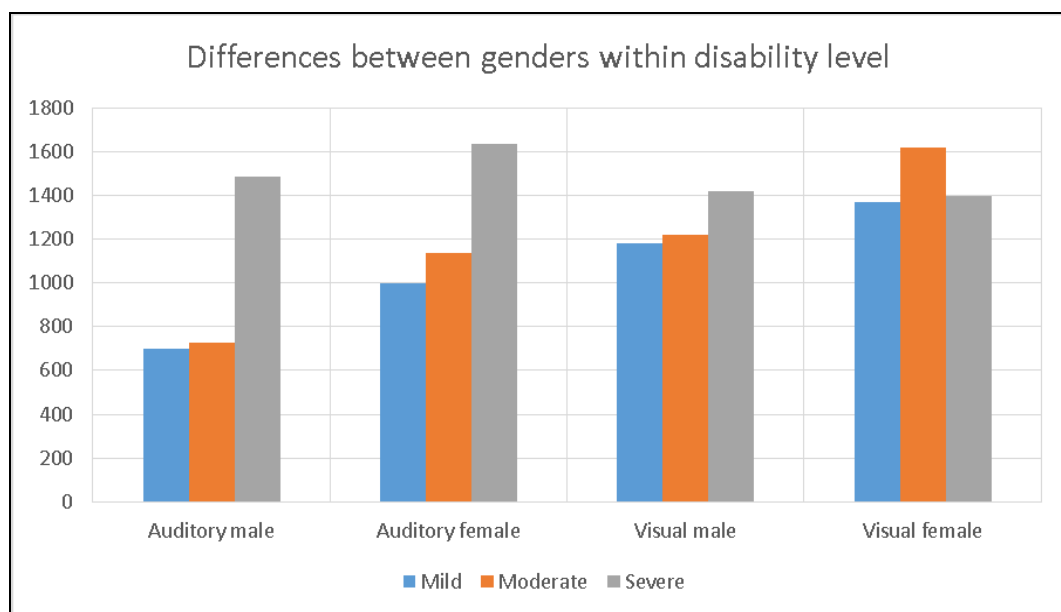


**Figure 1:** Differences between genders

Table 3 shows reaction time difference between genders within different disability levels. Auditory and visual reaction time parameters showed significant difference between male and female within all disability levels ( $p < 0.05$ ). In mild disability level, male mentally retarded person have  $699.02 \pm 849.22$  msec auditory reaction time, while female persons have  $998.02 \pm 674.67$  msec; male mentally retarded person have  $1178.82 \pm 2006.43$  msec visual reaction time, while female persons have  $1370.50 \pm 1047.86$  msec. In moderate disability level, male mentally retarded person have  $728.46 \pm 440.12$  msec auditory reaction time, while female persons have  $1137.24 \pm 1148.80$  msec; male mentally retarded person have  $1219.50 \pm 749.43$  msec visual reaction time, while female persons have  $1621.00 \pm 1213.80$  msec. In severe disability level, male mentally retarded person have  $1487.46 \pm 841.10$  msec auditory reaction time, while female persons have  $1633.98 \pm 203.54$  msec; male mentally retarded person have  $1419.29 \pm 635.88$  msec visual reaction time, while female persons have  $1394.60 \pm 664.67$  msec (Figure 2).

**Table 3:** Reaction time differences between disability level within genders

Disability			Mean	Std. Dev.	p
Mild	Auditory (msec)	Male (n:17)	699.02	849.22	0.040
		Female (n:12)	998.02	674.67	
	Visual (msec)	Male (n:17)	1178.82	2006.43	0.037
		Female (n:12)	1370.50	1047.86	
Moderate	Auditory (msec)	Male (n:16)	728.46	440.12	0.040
		Female (n:12)	1137.24	1148.80	
	Visual (msec)	Male (n:17)	1219.50	749.43	0.048
		Female (n:12)	1621.00	1213.80	
Severe	Auditory (msec)	Male (n:7)	1487.46	841.10	0.029
		Female (n:10)	1633.98	203.54	
	Visual (msec)	Male (n:7)	1394.60	664.67	0.059
		Female (n:10)	1419.29	635.88	



**Figure 2:** Reaction time differences between genders within disability level

#### 4. Conclusion

Researches showed that mental retardation integrates to the sensory-perception-motor functions, and being reason of insufficiency for the disability table (Seaman and Depauw, 1989). Mentally retarded persons who already have above insufficiencies maintain their motoric life behind four years from their normal equals (Krebs, 1995; Gallahue ve Ozmun, 1995; Yılmaz, 1993). These information show us the importance of the present study's aim.

In the present study, auditory and visual reaction time parameters show significant difference between male and female ( $p < 0.05$ ). Male mentally retarded person have  $848.77 \pm 753.75$  msec auditory reaction time, while female persons have  $940.09 \pm 804.17$  msec. Besides, male mentally retarded person have  $1237.18 \pm 1391.90$  msec visual reaction time, while female persons have  $1466.00 \pm 995.59$  msec. Auditory and

visual reaction time parameters showed significant difference between male and female within all disability levels ( $p < 0.05$ ). In mild disability level, male mentally retarded person have  $699.02 \pm 849.22$  msec auditory reaction time, while female persons have  $998.02 \pm 674.67$  msec; male mentally retarded person have  $1178.82 \pm 2006.43$  msec visual reaction time, while female persons have  $1370.50 \pm 1047.86$  msec. In moderate disability level, male mentally retarded person have  $728.46 \pm 440.12$  msec auditory reaction time, while female persons have  $1137.24 \pm 1148.80$  msec; male mentally retarded person have  $1219.50 \pm 749.43$  msec visual reaction time, while female persons have  $1621.00 \pm 1213.80$  msec. In severe disability level, male mentally retarded person have  $1487.46 \pm 841.10$  msec auditory reaction time, while female persons have  $1633.98 \pm 203.54$  msec; male mentally retarded person have  $1419.29 \pm 635.88$  msec visual reaction time, while female persons have  $1394.60 \pm 664.67$  msec.

In almost every age group, males have faster reaction times than females, and female disadvantage is not reduced by practice (Noble et al., 1964; Welford, 1980; Adam et al., 1999; Dane and Erzurumluoglu, 2003; Der and Deary, 2006).

Bellis (1933) reported that mean time to press a key in response to a light was 220 msec for males and 260 msec for females; for sound the difference was 190 msec (males) to 200 msec (females). In comparison, Engel et al. (1972) reported a reaction time to sound of 227 msec (male) to 242 msec (female).

However, things may be changing- Silverman (2006) reported evidence that the male advantage in visual reaction time is getting smaller, possibly because more women are participating in driving and fast-action sports. Spierer et al. (2010) reported that when male soccer players were compared with female lacrosse players, males were able to respond faster to both visual and auditory stimuli. They said that the male advantage was greatest when using visual stimuli. Botwinick and Thompson (1966) found that almost all of the male-female difference was accounted for by the lag between the presentation of the stimulus and the beginning of muscle contraction. Muscle contraction times were the same for males and females.

Adam et al. (1999) reported that males use a more complex strategy than females. Barral and Debu (2004) found that while men were faster than women at aiming at a target, the women were more accurate. Bayless et al. (2012) found that when a choice reaction time task was made more challenging for rats by weak stimuli and distraction, male rats tended to "jump the gun" and make premature responses, but female rats were more likely to miss valid stimuli. Note that this study used rats, not humans. Jevan and Yan (2001) reported that age-related deterioration in reaction time was the same in men and women (Kosinski, 2008). Also, some studies shows intelligence and brain health situation affect reaction tasks (Deary et al., 2001; Nettelbeck, 1980; Schweitzer, 2001; Lee and Chabis, 2013; Bashore and Ridderinkhof, 2002; Collins et al., 2003; Eckner et al., 2010; Leuthcke et al., 2011; Kaminski et al., 2008).

In conclusion, it can be said that reaction time shows difference between genders in mentally retarded persons like normal. Female disable persons perform slower reaction than male persons, because of the physiological differences from genders. The gender factor affect reaction sourced cerebrum, while they have mental retardation.

## References

1. Adam, J. J. (1999). Gender differences in choice reaction time: evidence for differential strategies. *Ergonomics*, 42(2), 327-335.
2. Anwar, F. (1981). Motor function in Down's syndrome. In *International review of research in mental retardation* (Vol. 10, pp. 107-138). Academic Press.
3. Astrup, C., Sersen, E. A., & Wortis, J. (1967). Further Psychophysiological Studies of Retarded, Neurotic, Psychotic, and Normal Children. In *Recent advances in biological psychiatry* (pp. 301-312). Springer, Boston, MA.
4. Barral, J., & Debu, B. (2004). Aiming in adults: Sex and laterality effects. *Laterality: Asymmetries of Body, Brain and Cognition*, 9(3), 299-312.
5. Bashore, T. R., & Ridderinkhof, K. R. (2002). Older age, traumatic brain injury, and cognitive slowing: Some convergent and divergent findings. *Psychological Bulletin*, 128(1), 151.
6. Baumeister, A. A., & Kellas, G. (1968). Reaction time and mental retardation. In *International review of research in mental retardation* (Vol. 3, pp. 163-193). Academic Press.
7. Bayless, D. W., Darling, J. S., Stout, W. J., & Daniel, J. M. (2012). Sex differences in attentional processes in adult rats as measured by performance on the 5-choice serial reaction time task. *Behavioural brain research*, 235(1), 48-54.
8. Bellis, C. J. (1933). Reaction time and chronological age. *Proceedings of the Society for Experimental Biology and Medicine*, 30(6), 801-803.
9. Berkson, G. (1960). An analysis of reaction time in normal and mentally deficient young men. *Journal of Intellectual Disability Research*, 4(2), 69-77.
10. Botwinick, J., & Thompson, L. W. (1966). Components of reaction time in relation to age and sex. *The Journal of genetic psychology*, 108(2), 175-183.
11. Clausen, J. (1966). *Ability structure and subgroups in mental retardation*. London: MacMillan.
12. Clausen, J. (1968). Behavioral characteristics of Down syndrome subjects. *American Journal of Mental Deficiency*.
13. Collins, M. W., Field, M., Lovell, M. R., Iverson, G., Johnston, K. M., Maroon, J., & Fu, F. H. (2003). Relationship between postconcussion headache and neuropsychological test performance in high school athletes. *The American journal of sports medicine*, 31(2), 168-173.
14. Dane, S., & Erzurumluoglu, A. (2003). Sex and handedness differences in eye-hand visual reaction times in handball players. *International Journal of Neuroscience*, 113(7), 923-929.
15. Davis, W. E., Sparrow, W. A., & Ward, T. (1991). Fractionated reaction times and movement times of Down syndrome and other adults with mental retardation. *Adapted Physical Activity Quarterly*, 8(3), 221-233.
16. Deary, I. J., Der, G., & Ford, G. (2001). Reaction times and intelligence differences: A population-based cohort study. *Intelligence*, 29(5), 389-399.

17. Der, G., & Deary, I. J. (2006). Age and sex differences in reaction time in adulthood: results from the United Kingdom Health and Lifestyle Survey. *Psychology and aging*, 21(1), 62.
18. Eckner, J. T., Kutcher, J. S., & Richardson, J. K. (2010). Pilot evaluation of a novel clinical test of reaction time in National Collegiate Athletic Association Division I football players. *Journal of athletic training*, 45(4), 327-332.
19. Engel, B. T., Thorne, P. R., & Quilter, R. E. (1972). On the relationships among sex, age, response mode, cardiac cycle phase, breathing cycle phase, and simple reaction time. *Journal of Gerontology*, 27(4), 456-460.
20. Gallahue, D., Ozmun, J.C. (1995). *Understanding Motor Development: Infants, children, adolescents, adults*. C. Brown & Benchmark Publishers, Dubuque.
21. Hermelin, B. (1964). Effects of variation in the warning signal on reaction times of severe subnormals. *Quarterly Journal of Experimental Psychology*, 16(3), 241-249.
22. Hermelin, B., & VENABLES, P. H. (1964). Reaction time and alpha blocking in normal and severely subnormal subjects. *Journal of experimental psychology*, 67(4), 365.
23. Inui, N., Yamanishi, M., & Tada, S. (1995). Simple reaction times and timing of serial reactions of adolescents with mental retardation, autism, and Down syndrome. *Perceptual and motor skills*, 81(3), 739-745.
24. Jevas, S., & Yan, J. H. (2001). The effect of aging on cognitive function: a preliminary quantitative review. *Research Quarterly for Exercise and Sport*, 72(49), 38-40.
25. Johnson, J. T., & Olley, J. G. (1971). Behavioral comparisons of mongoloid and nonmongoloid retarded persons: a review. *American journal of mental deficiency*.
26. Kaminski, T. W., Cousino, E. S., & Glutting, J. J. (2008). Examining the relationship between purposeful heading in soccer and computerized neuropsychological test performance. *Research quarterly for exercise and sport*, 79(2), 235-244.
27. Kaplan, D. S., Akcan, F., Çakir, Z., Kilic, T., & Yildirim, C. (2017). Visuomotor and audiomotor reaction time in elite and non-elite badminton players. *European Journal of Physical Education and Sport Science*. 3(1), 84-93.
28. Kosinski, R. J. (2008). A literature review on reaction time. *Clemson University*, 10.
29. Krebs, P.L. (1995). *Mental Retardation, Adapted Physical Education and Sport*. Human Kinetics, Illinois.
30. Lee, J. J., & Chabris, C. F. (2013). General cognitive ability and the psychological refractory period: Individual differences in the mind's bottleneck. *Psychological science*, 24(7), 1226-1233.
31. Luethcke, C. A., Bryan, C. J., Morrow, C. E., & Isler, W. C. (2011). Comparison of concussive symptoms, cognitive performance, and psychological symptoms

- between acute blast-versus nonblast-induced mild traumatic brain injury. *Journal of the International Neuropsychological Society*, 17(1), 36-45.
32. Nettelbeck, T. (1973). Individual differences in noise and associated perceptual indices of performance. *Perception*, 2(1), 11-21.
  33. Noble, C. E., B. L. Baker, and T. A. Jones. (1964). Age and sex parameters in psychomotor learning. *Perceptual and Motor Skills* 19: 935-945.
  34. Schweizer, K. (2001). Preattentive processing and cognitive ability. *Intelligence*, 29(2), 169-186.
  35. Seaman, A.J., Depauw, P.K. (1989). *The New Adapted Physical Education*. May Field Publishing Company Mountain View, California.
  36. Silverman, I. W. (2006). Sex differences in simple visual reaction time: A historical meta-analysis. *Sex roles*, 54(1-2), 57-68.
  37. Spierer, D. K., Petersen, R. A., Duffy, K., Corcoran, B. M., & Rawls-Martin, T. (2010). Gender influence on response time to sensory stimuli. *The Journal of Strength & Conditioning Research*, 24(4), 957-963.
  38. Welford, A. T. (1977). Motor performance. *Handbook of the psychology of aging*. Van Nostrand Reinhold, New York.
  39. Yılmaz, İ. (1993). 9-18 yaş grubu mental retardelerde fiziksel uygunluğun belirlenmesi. Yüksek Lisans Tezi, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Fizik Tedavi ve Rehabilitasyon Anabilim Dalı.



Creative Commons licensing terms

Authors will retain the copyright of their published articles agreeing that a Creative Commons Attribution 4.0 International License (CC BY 4.0) terms will be applied to their work. Under the terms of this license, no permission is required from the author(s) or publisher for members of the community to copy, distribute, transmit or adapt the article content, providing a proper, prominent and unambiguous attribution to the authors in a manner that makes clear that the materials are being reused under permission of a Creative Commons License. Views, opinions and conclusions expressed in this research article are views, opinions and conclusions of the author(s). Open Access Publishing Group and European Journal of Physical Education and Sport Science shall not be responsible or answerable for any loss, damage or liability caused in relation to/arising out of conflict of interests, copyright violations and inappropriate or inaccurate use of any kind content related or integrated on the research work. All the published works are meeting the Open Access Publishing requirements and can be freely accessed, shared, modified, distributed and used in educational, commercial and non-commercial purposes under a [Creative Commons attribution 4.0 International License \(CC BY 4.0\)](https://creativecommons.org/licenses/by/4.0/).