



THE EFFECTIVENESS OF GROUP GUIDANCE WITH DISCUSSION TECHNIQUES TO IMPROVE DECISION MAKING FOR ADVANCED STUDY OF HIGH SCHOOL STUDENTS

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Abstract:

The effectiveness of group guidance with discussion techniques to improve decision-making for advanced studies of high school students. Decision making for further studies is one of the most important things in a student's career development. This study aims to determine the effectiveness of group guidance using discussion techniques to improve decision making for advanced studies for high school students. The method used is an experiment using a pretest-posttest one group design using a subject of 8 students at SMA Negeri 2 Batanghari. For data analysis using the Wilcoxon TestAsymp value is obtained. Sig. (two-tailed) of $0.01 < \text{concrete level } (\alpha = 0.05)$. It was concluded that group guidance with discussion techniques was effective in improving decision-making for advanced studies of high school students. From the results obtained, the researchers suggest on Guidance and Counseling teachers, use guidance groups using technique others to support success and effectiveness in providing information to students. For further researchers, it is recommended that they make more creative research with other, more innovative techniques, of course, it must be in accordance with the problems to be studied later.

Keywords: group guidance, discussion techniques, decision making for further studies

1. Introduction

Decision making for further studies is one part of the problems in the careers of students, with the lack of knowledge and information related to further studies for high school students (SMA) is very influential in the future for students who will continue to lecture level. Therefore, information is needed for students to be able to make decisions in further studies. One of the problems faced by students is decision making towards higher

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education (Rusmawati & Sarwandini, 2019). Early adolescence is counted from the age of 13-16 years, then later late adolescence is around the age of 16/17-18 years, which is mature according to the law. So that during adolescence, there is a shift from late adolescence to early adulthood. Decision making is most needed by class XII students who will later face the world of careers in work and further studies.

From the opinion of several figures, in making decisions, individuals can be influenced by several factors, namely attitudes, personality, intelligence, birth order, talents, interests, aspirations and school knowledge or information, primary groups and secondary groups. Decision making also has factors that influence it, such as self-efficacy, self-confidence, and culture. A very important factor is the existence of information obtained by students to be able to strengthen their hearts in making decisions, especially in further studies.

In decision-making there are stages, stages, namely a determination of specific goals and also measuring the results obtained, the meaning and identification of the problem, the priorities set, thinking about the causes of the problem, developing alternative solutions, choosing one method, implementing and following up. Competencies that must be achieved by students in achieving career maturity are having a positive attitude towards further studies and work, and having readiness, by developing knowledge and skills according to their needs.

Now is the right time to adjust the abilities, interests and talents you have with your work and further study majors so that later it is hoped that the chosen university can support it. Insight, as well as self-awareness about abilities, talents, interests as well as jobs that are suitable for individuals, will certainly also reduce the phenomenon of college selection errors. Anxiety in making further study decisions can certainly be avoided if students have a lot of sufficient knowledge and are in accordance with a problem related to further study.

The provision of knowledge or information related to high school must be understood by high school students (high school and above) so that students know more and understand high school well, the rest can be a way out to solve problems in making further study decisions until can definitely stabilize in deciding further studies after graduation to become a student at a university. It should be from the first career that students must be prepared, also students should be taught to get career information, especially further studies to hope that their future days are very good.

According to psychology, high school students are already in their teens. To help students improve their further study decision making, Guidance and Counseling teachers can use special Guidance and Counseling services that are appropriate and feel good, such as Group Guidance services. In the Guidance and Counseling service, there are many techniques, one of which is the Discussion technique.

Group guidance is a service section to help someone achieve a faster and better development through abilities, talents, interests and values that are held within the group. In the process of group guidance services, Guidance and Counseling Teachers can use existing techniques, one of which is the discussion technique, if the discussion

technique is a strategy or method of guidance through a group model, by sharing opportunities for students to be able to express their opinions. This discussion invites all members in the group to participate and be active in solving problems together by expressing their problems, expressing ideas, expressing suggestions and then responding to each other in activities to solve a problem they are facing.

This discussion invites all members in the group to participate and be active in solving problems together by expressing their problems, expressing ideas, expressing suggestions and then responding to each other in activities to solve a problem they are facing. This makes researchers want to make research that has the aim of testing the effectiveness of group guidance with discussion techniques to improve decision making for advanced studies of high school students.

2. Literature Review

Decision making is a process to choose an action regarding its relationship to a problem or opportunity (Hartono, 2016:52). Competencies that must be achieved by students in achieving career maturity are having a positive attitude toward further studies and work, and having readiness, by developing knowledge and skills according to their needs (Handatama and Supriatna, 2017). Especially decision making regarding further studies, Advanced studies are secondary schools that have higher education above middle school and are the highest schools nowadays, and also prepare themselves to be able to work directly when they have finished their education period (Walgito, 2010).

There are factors in making a decision about further study caused by two factors, the main one is due to a lack of self-understanding such as talents, interests and self-potential that one has, so individuals choose further studies because of the influence of friends or because of the aspirations of their parents, Factor 2, the lack of consistent information about universities and majors (Hanim, 2013). Mention usually the future orientation of adolescents, namely the individual developmental tasks experienced at that time Adolescents are also early adults, namely those who pay a lot of attention to education, of course, it is strongly related to their preparation to enter the world of work, that in fact, education is the main thing in their career (Desmita, 2006). While group guidance is a group activity carried out by a group of people at the same time in order to discuss several things that are useful for supporting the daily life of both individuals, family members and the community as well as for consideration in decision making as a form of preventing problems from occurring in students and developing student potential (Wicaksono, 2013).

To provide information to students to help them make further study decisions after completing their education in high school (high school) by using one of the services, namely group guidance, group guidance is part of the service to help someone reach a development faster and whether through abilities, talents to interests and also the values held are also carried out at the group scope (Lisdiana, 2013). In line with Novi's (2014) research which conducted research on high school students with a sample of 41 people

and conducted a correlation test from providing advanced study information on high school students' career planning and concluded that there was a positive influence on the implementation of further study information services on students' career planning. The result of the implementation of this advanced study information service is that students can plan their careers.

Salahuddin (2010) said that regarding further studies, namely the type of school program which is one of the things that helps students when solving school selection problems in order to get an education according to the interests of students. The implementation of group guidance can be done using one of the techniques, namely the discussion technique, the discussion technique is one strategy that can be carried out in the group model by giving each other time to give opinions of each group member (Fitriana, 2013).

3. Materials and Methods

The researcher uses a pretest-posttest one group design experiment. Treatment will be carried out to class XII students of SMA Negeri 2 Batanghari who have not been able to make further study decisions through group guidance using discussion techniques. To be able to determine the effectiveness of group guidance with discussion techniques, it is possible to make comparisons of the results of the pretest-posttest in the experimental group. The results of the pretest-posttest scores are in Table 1.

Table 1: Results of the Difference in Students' Pretest and Posttest Scores

No	Pretest Result			Posttest Result		
	Name	Score	Ket	Name	Score	Ket
1	MD	48	low	MD	110	High
2	TN	59	low	TN	111	High
3	SH	64	low	SH	114	High
4	AFM	64	low	AFM	107	High
5	FRT	64	low	FRT	89	High
6	PEH	65	low	PEH	70	High
7	RD	64	low	RD	104	High
8	AY	64	low	AY	111	High

The subjects in this study were class XII students of SMA Negeri 2 Batanghari with a total of 8 people who had the lowest percentage of further study decision making, namely 30%. The instrument in this study was a Likert scale questionnaire for further study decision making. Which has been tested for feasibility based on 3 expert assessors, also with statistics having a strong level of validity and reliability from the results of Cronbach's Alpha 0.901. For the calculation of the results of the Likert scale for further study decision-making using the Wilcoxon data analysis test.

4. Results and Discussion

The results obtained from the pretest-posttest data, there was a change in the level of decision-making for further studies that was significant for all research subjects as shown in the chart image. The results of hypothesis testing based on the Wilcoxon difference test using SPSS V25 obtained the value of $Z = -2.521$ and the value of $asymp.sig (0.01 < 0.05)$. As in Table 3 and Table 4.

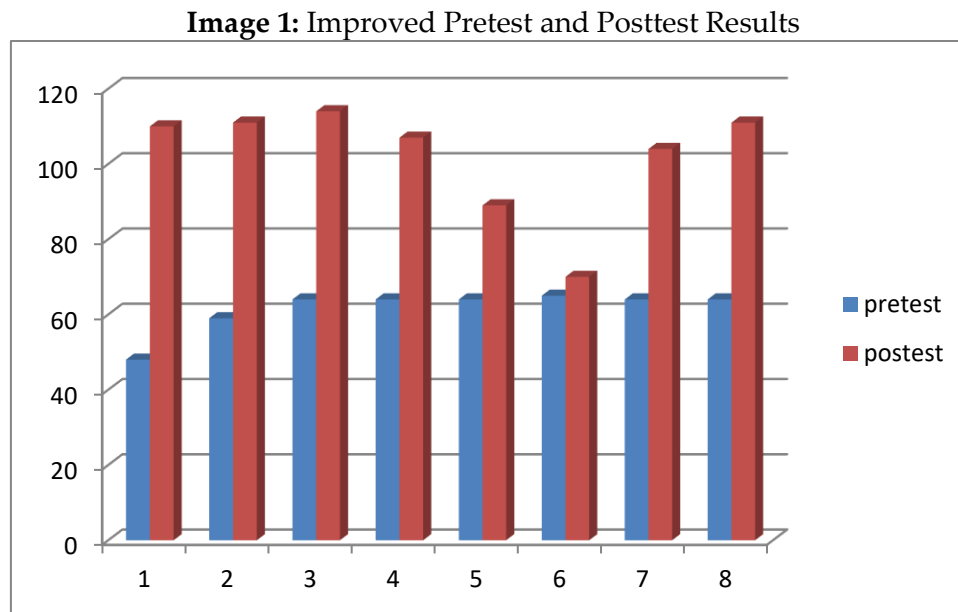


Table 3: SPSS V.25 Ranks Analysis Results

Ranks				
		N	Mean Rank	Sum of Ranks
Posttest - Pretest	Negative Ranks	0 ^a	0.00	0.00
	Positive Ranks	8 ^b	4.50	36.00
	Ties	0 ^c		
	Total	8		

Table 4: SPSS V.25 Statistic Test Results

Test Statistics ^a	
	Posttest - Pretest
Z	-2.521 ^b
Asymp. Sig. (2-tailed)	0.012
a. Wilcoxon Signed Ranks Test	
b. Based on negative ranks.	

From the results that have been obtained from the SPSS V25 calculation results, therefore H_0 is not accepted and then H_1 is accepted, which means getting the conclusion that by using group guidance, discussion techniques have been proven effective in order to improve decision-making for further studies of high school students. From the results of the study, it was observed that there was an increasing change in students who were

initially unable to make decisions for further studies and stabilize them, after being given treatment, they could be better at stabilizing and making decisions for their further studies.

5. Recommendations

From the results obtained in this study, further study decision making on students' needs to be improved, so that in the future students can make good decisions. Efforts that can be made are routinely giving information related to further studies using existing guidance and counseling services or holding regular meetings with students to discuss the latest information related to further studies.

6. Conclusion

From the process to see the effectiveness of group guidance using discussion techniques to improve students further study decision making by using the test different from Wilcoxon and using SPSS V25 and then getting scores from the pretest and posttest so that there are differences that indicate an increase in student decision-making for further studies and research analysis, namely that H_0 is rejected and H_1 is accepted, it can be concluded that by using group guidance discussion techniques proven to be successful in improving decision making for high school students further study.

With the results of the research studied, suggestions for Guidance and Counseling Teachers when helping their students to ensure their decision making can use discussion technique group guidance services. Also do not forget that Guidance and Counseling Teachers must pay attention to the development of students for sure. Then suggestions for further researchers in their research should research group guidance with other techniques, of course, they must look at the suitability of the problems the students are experiencing. Then you can also use other models that are more effective and creative in handling the psychological aspects of students.

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